

Food Bank resource list (Updated 9-1-22)

Nazarene Church Food Bank (www.lynnwoodfoodbank.org)

5326-176th ST SW, Lynnwood. **(425).745.1635** No ID requirements

Wednesday: 11 AM to 5:00 PM and Friday: 10 AM - 1 PM

and

A refrigerated food truck is at **Whispering Cedars Apartment complex mailboxes**: 6501-208th ST SW, Lynnwood

Saturday from 9:30 - 10:30 AM

Concern for Neighbors: MLT Food Bank (www.concern4neighborsfb.org)

4700 228th St SW, Mountlake Terrace. **(425).778.7227**

Tuesdays: 9:30 AM to 11:30 AM, MLT

If you need help shopping, someone will help you. Can call from **9:30 to 11:30 AM for an appointment.**

(May be utilized weekly, need "ID" for all family members, and proof of residency.)

Westgate Chapel: food and clothing bank (www.westgatechapel.com)

22901 Edmonds Way, Edmonds. **(425).775.2776**. Thursday 11:00 AM to 2:00 PM

Also provide some financial assistance, gasoline and community transit vouchers for appointments or job searches and/or grocery vouchers for specialized needs. *Clothing is free of charge, but recipients must register in the food bank for this service.* (May utilize weekly, need ID for all family members and proof of residency)

Financial help: **(425).977.4500**. Emergency food bags: Mon. - Thurs. at the Office 9 AM to 4:30 PM.

Edmonds United Methodist Church: (www.edmondsfoodbank.org/get-food/)

828 Caspers St., Edmonds 425-778-5833

Mondays: 3 PM to 6 PM. Tuesdays 9:00 AM to 12:00 AM Residents of Edmonds or surrounding area

(Must bring "ID" for all family members, and proof of residency, may use weekly.)

Encourage filling out the required annual registration form on-line. Encourage pre-ordering on-line for pick-up. Offer home delivery to those over 60 or an ADA customer.

Lutheran Community services: (425).670.8984, Call for an appointment. (<https://lcsnw.org>)

They can help with: finding a place to live; retaining current housing; Basic necessities: food, toiletries, diapers; Mental health support; DSHS and government benefit application; Medical insurance applications; Connecting those living with disabilities to support resources; Veteran services; Job search: resumes, and cover letters; Utilities (with disconnect notice); Emergency clothing and household items.

Modest Family Solutions

Modest Family Solutions offers Good Neighbor Days. Come thru and pick up a box of FREE fresh produce for the week. <https://www.modestfamilysolutions.org> 425-310-2411

18122 Bothell Way NE, Bothell 98011 Thursday - Sunday Best to schedule online, but it is not required. (They only use it to keep food stocked up.) No ID is required and it's OK to use a fake name.

Bethesda Lutheran Church - 23406 56th Ave W, MLT. 425-778-6390

Sundays at 4:00 Gleaning - food, (4th Saturday 8:00 AM community breakfast)

Cedarwood International Food pantry and clothing closet

Hours: Monday 1:00pm – 2:30pm 23010 66th Ave W., Mountlake Terrace, WA – 98043

Important: Please **call** the food pantries to confirm that the hours have not changed. (425) 774-9300

Contact Information <https://www.foodpantries.org/> website has links to many cities/states

Other Local Food Banks

Salt of the Earth Blessings: <https://soteblessings.org> Current website with five locations.

Sundays at **Midnight Cry Church**, 210 Avenue B, Snohomish 4PM

Salt of the Earth Food Bank <https://soteblessings.org> Current website with five locations.

Tuesday at **Hope Church**, 5002 Bickford Ave. Snohomish 11:30 AM

Salt of the Earth Blessings: <https://soteblessings.org> Current website with five locations.

Thursdays at **Marysville Foursquare Church**, 11911 State Ave., Marysville 11:30am

Salt of the Earth Blessings: <https://soteblessings.org> Current website with five locations.

Fridays at **Pinehurst Baptist Church**, 1902 Madison St., Everett 11:30am

Salt of the Earth Blessings: <https://soteblessings.org> Current website with five locations.

Saturdays at **LIFEchurch360**, 3310 Smokey Point Drive, Arlington 12 noon

Everett Salvation Army, Open Monday to Friday from 10-1 and 1:30-4. May come twice per month and Bring ID each time 2525 Rucker Ave., Everett, WA, 425-259-8129

Faith Lutheran Church—Open on Fridays at 10:30 until food is gone.

6708 Cady Road, Everett 425-353-4758

Everett United Church of Christ—Last two Mondays of the month from 9:30 - 12noon

2624 Rockefeller Ave., Everett, 425-252-7224

Mukilteo Food Bank— <http://www.mukilteofoodbank.org/> 425-366-8229

2nd & 4th Mondays 3:30-5pm, and 2nd and 4th Tuesdays 9-10:30am

At Mukilteo Presbyterian Church, rear door: 4514 84th St SW, Mukilteo, WA

Volunteers of America— <https://www.voaww.org/foodbank>

Mon & Wed & Thurs. 10am-2pm and 2nd & 4th Tuesdays from 3 - 6pm

1230 Broadway Ave N, Everett, WA, 425-259-3191

You must bring identification and proof of residence when visiting your local food bank.

Nutrition

Due to Covid 19, meals are being handled differently. Eligibility is established for any person 60 years of age or older and spouse; volunteers at the meal site; and handicapped or disabled individuals under the age of 60 who reside with an eligible participant.

1. Homage Services of Snohomish County Nutrition Program

Meals on Wheels – Call the Homage Services of Snohomish County Nutrition Program at 425-347-1229 or toll-free at 800-824-2183.

2. Edmonds Water Front Center (Edmonds Senior Center) <https://www.edmondswaterfrontcenter.org/> 220 Railroad Ave., Edmonds 425-774-5555

Senior Dining Program: In partnership with the Potlatch Bistro, and in an effort to curb food insecurity for seniors, they offer a subsidized lunch for those 60 and older. Those who can are asked to make a \$5 contribution towards the cost of their meal. No senior is turned away for not being able to pay. However, customer must show ID and fill out a membership form to be approved for low-income.

3. Mountlake Terrace Senior Center

Grab-and-go lunches served every Tuesday and Friday from noon to 1:00 pm via drive through in the parking lot. Thursdays 12-1pm is sit-down in the Lakeview Room.

\$3.00 suggested donation for both grab & go and for sit down, but not required.

You are welcome to call at (425) 672-2407 with any questions. ID and Membership are not required.

Free Community Meals

Sundays

Mondays

Snohomish Community Kitchen at St. John's Episcopal Church– 4:30 to 6 p.m. Mondays and Thursdays, Cold sack lunch. 913 Second Ave., Snohomish, 360-568-4622.

Tuesdays

Faith Lutheran Church– Free community hot meal to go on Tuesdays from 5 - 6 PM.

6708 Cady Road, Everett 425-353-4758

Wednesdays

Annie's Kitchen at Edmonds Lutheran– Wednesdays 5:00-6:30pm *CLOTHES AVAILABLE*,

23525 88th Ave W, Edmonds, WA 425-744-8090

Everett First Presbyterian Church–<https://firstpreschurch.com/dinner-at-the-bell> info about their shower and laundry services. Wednesday Dinner 5:15 p.m., 2936 Rockefeller Ave., Everett, 425-259-7139

Gloria Dei Lutheran–<https://www.gloria-dei-lutheran.org/wednesday-night-dinner> Wednesdays 5:30pm, 3215 Larch Way Lynnwood, WA, 425-776-2444

Prince of Peace Lutheran–<https://www.princeofpeaceshoreline.com/POPYsCafe.html>

Wednesdays 5-6:30pm, 14514 20th Ave NE, Shoreline, WA 206-363-8100

Thursdays

Snohomish Community Kitchen at St. John's Episcopal Church— 4:30 to 6 p.m. Mondays and Thursdays, Cold sack lunch. 913 Second Ave., Snohomish, 360-568-4622.

Everett United Church of Christ— 5:30 p.m. Thursdays, 2624 Rockefeller Ave., Everett 425-252-7224

Fridays

Everett First Baptist Church—5:15PM every Friday, sit down meal, 1616 Pacific Ave, Everett. 425-259-9166

Maplewood Presbyterian Church- Fridays 5:00-7:00 pm, 19523 84th Ave W, Edmonds, WA, (425) 778-5248

Saturdays

Trinity Lutheran Church – Neighbors in Need Program 8:30am-10:30am: groceries including fresh produce, clothing, grab & go food (no sit down meal) 6215 196th St SW Lynnwood, WA, 425-778-2159

Bethesda Lutheran Church - 23406 56th Ave. W., MLT. 425-778-6390

4th Saturday 8:00 AM community breakfast